

SELF-ASSESSMENT QUESTIONNAIRE

Use the questionnaire below to help you choose the right level for you. Answer ALL questions in each section in turn, and count how many "I feel confident" you have before moving to the next section. If you reach a section in which you say "A bit" to most questions, you should enrol at the previous level.

	Not at all	A bit	I feel confident
I can't speak, read or write any of the language			
You should enrol at Beginners			
I can...			
use only a few isolated words or common expressions			
recognise some written signs			
understand the meaning of some signs or spoken isolated words because they are similar to my language, or other languages that are familiar to me.			
If you can only do some or all of the above, you should enrol at Beginners			
I can...			
introduce myself and exchange greetings (Hello, thank you, how are you? I am fine; What is your name? My name is, etc...)			
reply to basic questions about myself (say where I am from, what my occupation is, where I live, etc...)			
ask a few basic questions to find out this information			
give basic information about family members, friends or colleagues			
order food and drinks from a simple menu			
name common buildings and landmarks in a town and ask where they are			
follow short, basic directions			
ask for things in shops or at the market			
understand basic requests or instructions			
count accurately from 0 to 100. (sometimes I may struggle to count beyond 20 or 60)			
write and spell my telephone number, address, etc...			
describe the weather in basic terms			
name the year, month, date and day			
tell the time			
understand very short dialogues about everyday subjects (the weather, food and drinks, travel and directions, hobbies, etc...)			
write basic sentences and single words (shopping list, postcard, etc...)			
identify the elements necessary to create correct basic grammar structures.			

If you have ticked “a bit” or “ I feel confident” to 12 questions or more, even if you are hesitant, you should enrol at Elementary

In addition to the above, I can...

ask and answer simple questions about familiar topics and routine activities			
use broadly accurate intonation, pronunciation or articulation.			
count 0-100 accurately enough to use money (you may need to write prices down)			
handle simple dialogues, for example at a hotel reception or in a restaurant			
carry out simple transactions (buy items in shops, buy tickets) use weight & quantities			
make a reservation giving the time, the precise date, the day of the week			
ask for and provide simple practical information about an event or a place of interest (where it is, what the opening hours and prices are)			
give a simple description of a place or person			
talk about everyday actions (get up, go, arrive, return, work, eat, read, go out, sleep, etc...)			
say what I like and dislike			
say if I am feeling well or unwell, describe basic symptoms			
write short sentences asking and providing basic information			
express myself using basic but mainly correct grammar (in regular sentence construction), and a limited range of common vocabulary, set phrases and simple sentences			
recognise and use some irregular constructions (inc irregular verbs) with help.			

If you have ticked “I feel confident” to 11 questions or more, or if you have ticked “a bit” to all questions, you should enrol at Pre-intermediate

In addition to the above, I can...

start up a conversation and keep it going if the topic is familiar and the other person is willing to take the lead			
show whether I am following the conversation, and check whether people understand			
say what I can and can't do, what I must or have to do, what I need			
make positive and negative statements (things are so, things are not so) using short, simple but mainly accurate sentences			
ask straightforward questions and understand the answer			
express myself using correct grammar most of the time, when talking about routine events			
say what I did yesterday, last weekend, last year			
say what I am going to do tomorrow, next week, next year			
say how long I have been doing certain things			

describe a picture or a photograph showing a scene from everyday life, talking about the place, the people, the weather			
follow straight forward travel or safety instructions			
read texts of 20 lines with common words and sentence structures			
write routine or informal messages, using the other person's correct title and starting and ending correctly, but still making some grammatical or spelling mistakes			
write short texts (description of a place or person, simple account of an event).			
If you have ticked "I feel confident" to 11 questions or more, even if your style is sometimes awkward or you lack fluency and grammatical accuracy, you should enrol at Intermediate.			
In addition to the above, I can...			
have a conversation about my personal history (family, home, work, interests or hobbies) using short, mainly correctly structured sentences			
maintain social contact, ask for repetition, explanations, time to think when needed			
understand clearly worded questions and comments, and respond appropriately			
follow the main points of a conversation when spoken normally and clearly, but not when people speak very quickly or have a strong regional accent			
participate in conversations on everyday subjects (daily routine, leisure activities, family, travel, etc...) so that people usually understand what I mean			
make suggestions, give instructions or advice			
say what I did in the past (when I was younger, what I did last weekend, how things were on your last holiday)			
talk about future plans (travel plans, next holiday, what I will do in 5 years time)			
express feelings, opinions and beliefs			
report a theft or loss and give details of what happened			
cope with illnesses or emergencies (describe basic symptoms, report an accident)			
follow multi-step written instructions or advice			
understand the essential points in simple texts dealing with topics of general interest, with the help of a dictionary			
write short assignments (letters, confirmation of travel arrangements, description of a place or a person) with some grammatical or spelling mistakes			
If you have ticked "I feel confident" to 11 questions or more, you should enrol at Upper-intermediate.			
In addition to the above, I can...			
begin and sustain a conversation in social situations			
find another way of saying what I mean			

make requests and enquiries easily enough to be understood			
participate spontaneously in group discussions about familiar subjects (home, work, leisure activities, routine, interests) without much difficulty, even if sometimes you hesitate			
explain a viewpoint on a topical issue, giving advantages or disadvantages of various options (you may need to prepare beforehand)			
talk about past, present, future & possible events, even if I make mistakes with tenses			
distinguish between formal and informal styles of language			
talk for a few minutes on a subject of your choice, providing facts, ideas and/or opinions			
answer questions on subjects I may have researched independently			
deal with problems/disputes, make a complaint and explain in details what the problem is			
read texts with a broad general vocabulary and a range of sentence structures, including some fiction and non-fiction material			
write a clear account of a past, present, future or possible event			
write a formal letter requesting or imparting detailed information			
extract information from texts by using my knowledge of vocabulary & grammar structures.			
If you have ticked "I feel confident" to 11 or more questions, you should enrol at Advanced.			
If, in addition to the above, you can...			
initiate & maintain social contact, using appropriate forms of address, accurate intonation, pronunciation and stress			
understand the gist of conversations spoken at native or near-native speed			
converse confidently about familiar everyday subjects			
participate in group discussions about films, theatre, sports, the media, etc...			
contribute to group discussions about less familiar subjects with prior research			
provide detailed information and/or explanations about past, present and future events (I may still make mistakes with tenses or pronunciation)			
make suggestions, give instructions or advice			
use longer sentences which link ideas and develop a clear, coherent argument			
understand detailed instructions, requirements, information including recorded material			
converse confidently on the phone as well as face to face			
read complex and/or longer texts (such as news items) and understand the meaning			
write letters, emails, longer texts with accuracy (using a dictionary)			
If you have ticked "I feel confident" to 10 questions or more, even if sometimes you make minor mistakes, you should enrol at Advanced level			

